CLAIMS:

- Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds, which contains, as basic ingredients, indigestible polysaccharides and has restricted addition of protein components.
- 2. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds, which contains more than 5% by weight of indigestible polysaccharides in terms of dried foodstuff and protein components restricted to 8% or less by weight.
- 3. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to claim 1 or claim 2, wherein said indigestible polysaccharides are one kind selected from pectine, polydextrose, alginic acid, fucoidan, chitin, chitosan, testa-derived hemicellulose, acacia gum, arum root-derived mannan, agar, and sugar alcohol and polymers of sugar alcohol.
- 4. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to claim 2, wherein said indigestible polysaccharides contains at least polydextrose and pectine with a ratio of 0.05 to 100 parts by weight of pectine to 100 parts of polydextrose.
- Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to any of claims 1, 2 and 4, further containing at least one of trace metal, vitamin and fat.
- 6. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to claim 3, further containing at least one of trace metal, vitamin and fat.

- 7. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to any of claims 1, 2 and 4, which food is formed in beverage, biscuit, cookie, cake, ice cream, sherbet, bread, noodle or jelly.
- 8. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to claim 3, which food is formed in beverage, biscuit, cookie, cake, ice cream, sherbet, bread, noodle or jelly.
- 9. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to claim 5, which food is formed in beverage, biscuit, cookie, cake, ice cream, sherbet, bread, noodle or jelly.
- 10. Pathological improvement food for lowering blood concentration of low-molecular-weight nitrogen-containing compounds according to claim 6, which food is formed in beverage, biscuit, cookie, cake, ice cream, sherbet, bread, noodle or jelly.